



Rules and Program of the International Trophy Pavel Sedmak and of the Yongsters' Trophy Davide Bressan 2019 - Competition in figures, free skating, inline, artistic and dance pairs.

Date and Venue

May (21-22-23-24-25-26), 2019 – Trieste- Opicina , Via di Monrupino Polet Rink (25 x 50 m, cement indoor)

Participation

Italian clubs and skaters - by invitation

All Clubs from abroad and other Federations – open entries

The number of participants is free.

For competitions of freeskating, the maximum number of athletes admitted will be 24 per category

For the competition of figures, the maximum number of athletes admitted will be 60 (overall).

For the competition of pairs, the maximum number of pairs admitted will be 12 (overall).

For competitions of dance pairs, the maximum number of pairs admitted will be 5 per category

Participation fee

€ 20,00 per athlete - freeskating

€ 20,00 per athlete - figures

€ 30,00 per pair

€ 30,00 per dance pair

Registrations

Must arrive on form completed as required within the **30th of March 2019** on the email address info@polet.it

When all the registrations will be completed we will proceed with the detailed program of the competition and trainings.

Categories and technical rules

SINGLE MEN AND WOMEN CATEGORIES

TOTS	Born 2010,2011	Long program. (World Skate rules 2019)
MINIS	Born 2008,2009	Long program. (World Skate rules 2019)
ESPOIR	Born 2006,2007	Long program. (World Skate rules 2019)
CADETS	Born 2004, 2005	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
YOUTH	Born 2003	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
JUNIOR	Born 2001, 2002	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
SENIOR	Born 2000 and prev.	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
IN LINE JUNIOR	Born 2001, 2002	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
IN LINE SENIOR	Born 2000 and prev	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
OPEN M + F	Born 2003 and prev.	Long program 3.00 min/3.30 min. (The long program is free)

ARTISTIC PAIRS CATEGORIES

CADETS	Born 2004, 2005	Long program. (World Skate rules 2019)
YOUTH	Born 2003	Long program. (World Skate rules 2019)
JUNIOR	Born 2001, 2002	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)
SENIOR	Born 2000 and prev.	Short program (World Skate rules 2019) Long program. (World Skate rules 2019)

DANCE PAIRS CATEGORIES

CADETS	Born 2004, 2005	Long program. (World Skate rules 2019)
YOUTH	Born 2003	Long program. (World Skate rules 2019)
JUNIOR	Born 2001, 2002	Style dance. (World Skate rules 2019) Long program. (World Skate rules 2019)
SENIOR	Born 2000 and prev.	Style dance. (World Skate rules 2019) Long program. (World Skate rules 2019)

FIGURES CATEGORIES

MINIS A	Born 2009	GROUP 2/A Par 1 Par 4 GROUP 3/A Par 2 Par 3
MINIS B	Born 2008	GROUP 2/B Par 3 Par 8 GROUP 3/B Par 4 Par 9
ESPOIR A	Born 2007	GROUP 4A/5A Par 13 Par 19 Par 14 GROUP 6 Par 12 Par 18 Par 14
ESPOIR B	Born 2006	GROUP 4B Par 28 Par 18 Par 14 Par 22 GROUP 5B Par 12 Par 18 Par 15 Par 22 GROUP 6B Par 13 Par 19 Par 14 Par 23
OPEN	Born 2003 and prev.	GROUP 22 Par 28 Par 19 Par 14 GROUP 23 Par 27 Par 18 Par 14 GROUP 19 Par 28 Par 19 Par 14
CADETS	Born 2004, 2005	(World Skate rules 2019)
YOUTH	Born 2003	(World Skate rules 2019)
JUNIOR	Born 2001, 2002	(World Skate rules 2019)
SENIOR	Born 2000 and prev.	(World Skate rules 2019)

Judges

Referee appointed by World Skate – Other judges from Italian Federation FISR upon invitation.

Official classifications for competitions of figures and the category OPEN will be calculated according to system WHITE.

For all remaining competitions will be used the judging system World Skate (Roll Art)

Worldskate rule book

<http://www.worldskate.org/artistic/about/regulations/category/262-rule-books.html>

Awards

The winners of the youngsters' categories will be awarded with the David Bressan Cup, the winners of open, cadets, youth, juniors, seniors and In line categories will be awarded with the Pavel Sedmak Cup

Hotel booking

For hotel booking and logistics, please contact the email address ***hotels@polet.it***

International Sedmak – Bressan 2019
Time Table Version 1
Tuesday - 21.05.19

14.00	Figures training for Open	
15.30	Figures training for Minis A/B and Espoire A/B	
17.00	Figures training for Cadet and Youth	
18.30	Figures training for Junior and Senior	
20.00	Training free : Open	4 group (8/8/8/8)
21.30	End of training	

Wednesday - 22.05.19

07.00	Doors open	
08.00	Figures Competition Cadet and Youth	
10.30	Figures Competition Junior and Senior	
13.00	Figures Competition Open	
14.30	Figures Competition Minis A/B and Espoire A/B	
16.30	Medal Presentation for Figures	
17.00	Free: Long Program Open	
20.00	Medal Presentation for Open	
20.30	Training free : Minis	3 groups (8/8/8)
21.30	Training free : Espoire	3 groups (8/8/8)
22.30	End of training	

Thursday - 23.05.19

07.00	Doors open	
08.00	Training free : Cadet	4 groups (6/6/6/6) with music (short or long)
10.00	Training free : Youth	4 groups (6/6/6/6) with music (short or long)
12.00	Free: Short Program Cadet	
14.30	Free: Short Program Youth	
17.00	Free: Long Program Minis	
19.15	Free: Long Program Espoire	
21.30	Medal Presentation for Minis and Espoire	

Friday - 24.05.19

07.00	Doors open	
08.00	Training In Line Junior and Senior	1 group (6) with music (short or long)
08.35	Training Dance Free Dance Cadet	1 group (5) with music
09.00	Training Dance Free Dance Youth	1 group (5) with music
09.25	Training Pairs Cadet	1 group (3) with music (short or long)
09.50	Training Pairs Youth	1 group (3) with music (short or long)
10.15	End of training	
10.30	Free: Long Program Cadet	
13.30	Free: Long Program Youth	
16.30	Inline: Short Program Junior and Senior	
17.00	Medal Presentation for Cadet and Youth	
17.30	Dance: Free Program Cadet and Youth	
19.00	Pairs : Long Program Cadet and Youth	
20.00	Medal Presentation for Dance and Pairs	
20.30	Training free : Senior	4 groups (6/6/6/6) with music (short or long)
22.50	End of training	

Saturday - 25.05.19

07.00	Doors open	
08.00	Training free : Junior	4 groups (6/6/6/6) with music (short or long)
10.20	Training Dance Style Dance Junior	1 group (5) with music
10.45	Training Dance Style Dance Senior	1 group (5) with music
11.10	Training Pairs Short Program Junior	1 group (3) with music
11.35	Training Pairs Short Program Senior	1 group (3) with music
12.00	Free: Short Program Junior	
14.30	Free: Short Program Senior	
17.00	Inline: Long Program Junior and Senior	
18.00	Training free : Tots	3 groups (8/8/8)
19.00	Welcome Ceremony and Medal Presentation for Inline	
20.00	Dance: Style Dance Junior and Senior	
21.15	Pairs: Short Program Junior and Senior	
22.00	End of competitions	

Sunday - 26.05.19

07.00	Doors open	
07.50	Training Dance Free Dance Junior	1 group (5) with music
08.15	Training Dance Free Dance Senior	1 group (5) with music
08.40	Training Pairs Long Program Junior	1 group (3) with music
09.05	Training Pairs Long Program Senior	1 group (3) with music
09.30	Free: Long Program Tots	
11.30	Medal Presentation for Tots	
12.00	Free: Long Program Junior	
15.30	Free: Long Program Senior	
19.00	Dance: Free Program Junior and Senior	
20.15	Pairs : Long Program Junior and Senior	
21.15	Medal Presentation for Junior Senior Dance and Pairs	

ESPOIRE "A"

GRUPPO 4A / 5A

Paragrafo 13 – doppio tre destro indietro interno

Paragrafo 19 – a/b contro tre avanti interno

Paragrafo 14 – boccia destra avanti esterna

GRUPPO 6A

Paragrafo 12 – doppio tre destro indietro esterno

Paragrafo 18 – a/b contro tre avanti esterno

Paragrafo 14 – boccia destra avanti esterna

ESPOIRE "B"

GRUPPO 4B

Paragrafo 28 – a/b esse doppio tre avanti esterno

Paragrafo 18 – a/b contro tre avanti esterno

Paragrafo 14 - boccia destra avanti esterna

Paragrafo 22 – a/b contro volta avanti esterna

GRUPPO 5B

Paragrafo 12 – doppio tre destro indietro esterno

Paragrafo 18 – a/b contro tre avanti esterno

Paragrafo 15 – boccia destra avanti interna

Paragrafo 22 – a/b contro volta avanti esterna

GRUPPO 6B

Paragrafo 13 – doppio tre destro indietro interno

Paragrafo 19 – a/b contro tre avanti interno

Paragrafo 14 – boccia destra avanti esterna

Paragrafo 23 – a/b contro volta avanti interna

MINIS "A"

GRUPPO 2/A

Paragrafo 1 - a/b curva avanti esterna

Paragrafo 4 - curva dx indietro interna

GRUPPO 3/A

Paragrafo 2 - a/b curva avanti interna

Paragrafo 3 - curva dx indietro esterna

MINIS "B"

GRUPPO 2/B

Paragrafo 3 - Curva dx indietro esterna

Paragrafo 8 - a/b tre avanti esterno

GRUPPO 3/B

Paragrafo 4 - curva dx indietro interna

Paragrafo 9 - a/b tre avanti interno

OPEN

GRUPPO 22

Paragrafo 28 - a/b Esse doppio tre avanti est.

Paragrafo 19 - a/b Contro tre avanti int.

Paragrafo 14 - Boccola destra avanti esterna

GRUPPO 23A

Paragrafo 27 - a/b Esse tre av. int.

Paragrafo 18 - a/b Contro tre avanti est

Paragrafo 14 - Boccola destra avanti esterna

GRUPPO 19

Paragrafo 28 - a/b Esse doppio tre avanti est.

Paragrafo 19 - a/b Contro tre avanti int.

Paragrafo 14 - Boccola destra avanti est