

Timetable Interland-Cup 2019

Version 1 – changes still possible

Thursday, 10. October 2019

Freeskating training by nations with music		
08:40 – 09:20	France	7 skaters
09:20 – 10:00	France & Germany	3 & 2 skaters
10:00 – 10:40	Germany	7 skaters
10:40 – 11:20	Germany	7 skaters
11:20 – 12:00	Germany	7 skaters
12:00 – 12:40	Germany	7 skaters
12:40 – 13:20	Italy	7 skaters
13:20 – 14:00	Italy	7 skaters
14:00 – 14:40	Italy & Belgium	4 & 2 skaters
14:40 – 15:20	Netherlands	7 skaters
15:20 – 16:00	Netherlands	7 skaters
16:00 – 16:40	Netherlands & Andorra	4 & 3 skaters
16:40 – 17:20	Slovenia	7 skaters
17:20 – 18:00	Slovenia & Denmark	2 & 5 skaters
18:00 – 18:40	Denmark	8 skaters
18:40 – 19:20	Spain	7 skaters
19:20 – 20:00	Spain	7 skaters
20:00 – 20:40	Spain	7 skaters
20:40 – 21:20	Spain & Columbia	3 & 3 skaters
Competition: Short Programme		
21:30 – 23:40	Senior Ladies	20 skaters / 4 groups (5 – 5 – 5 – 5)
23:40 – 00:10	Senior Men	3 skaters / 1 group
00:10 – 00:50	Training for late arrivals without music	



The competitions follow each other immediately and thus can start earlier than indicated.



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Friday, 11. October 2019

Competition: Short Programme		
07:00 – 09:45	Espoir Ladies	28 skaters / 5 groups (6 – 6 – 6 – 5 – 5)
09:45 – 10:25	Espoir Men	7 skaters / 2 groups (4 – 3)
10:25 – 10:40	Pause	
10:40 – 13:10	Cadet Ladies	24 skaters / 4 groups (6 – 6 – 6 – 6)
13:10 – 13:40	Cadet Men	6 skaters / 1 group
13:40 – 14:15	Pause	
14:15 – 16:00	Youth Ladies	17 skaters / 3 groups (6 – 6 – 5)
16:00 – 16:15	Youth Men	2 skaters / 1 group
Competition: Long Programme		
16:30 – 17:25	Tots Girls	9 skaters / 2 groups (5 – 4)
17:25 – 19:20	Minis Girls	18 skaters / 3 groups (6 – 6 – 6)
19:30 – 19:50	Opening ceremony	
Competition: Short programme		
19:55 – 21:45	Junior Ladies	17 skaters / 3 groups (6 – 6 – 5)
21:45 – 22:20	Junior Men	5 skaters / 1 group

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Timetable Interland-Cup 2019

Version 1 – changes still possible

Saturday, 12 October 2019

Competition: Long Programme		
07:00 – 10:20	Espoir Ladies	28 skaters / 5 groups (6 – 6 – 6 – 5 – 5)
10:20 – 11:10	Espoir Men	7 skaters / 2 groups (4 – 3)
11:10 – 11:55	Cadet Men	6 skaters / 1 group
10:55 – 12:25	Pause	
12:25 – 15:25	Cadet Ladies	24 skaters / 4 groups (6 – 6 – 6 – 6)
15:25 – 15:40	Pause	
15:40 – 17:50	Youth Ladies	17 skaters / 3 groups (6 – 6 – 5)
17:50 – 18:10	Youth Men	2 skaters / 1 group
18:10 – 18:30	Pause	
18:30 – 20:50	Junior Ladies	17 skaters / 3 groups (6 – 6 – 5)
20:50 – 21:30	Junior Men	5 skaters / 1 group
21:30 – 00:30	Senior Ladies	20 skaters / 4 groups (5 – 5 – 5 – 5)
00:30 – 01:00	Senior Men	3 skaters / 1 groups
Followed by	Medal Ceremony	

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