



CONFÉDÉRATION EUROPÉENNE DE ROLLER-SKATING
C.E.R.S. (Affiliée à la F.I.R.S.)
CERS ARTISTIC – EUROPEAN ARTISTIC SKATING COMMITTEE
WWW.CERS.PT

SENIOR PRECISION TEAM 2018

Following FIRS-World Skate Rules 2018, PR 10.04, first sentence, each SENIOR PRECISION Team participant to European Championships Show & Precision 2018, MUST fill the followed form with the order of the elements that will present in the programme.

The form MUST be sent to: margaret@cepa.eu.com

Thanks for the cooperations

Kind Regards

Margaret Brooks

Falerone, 30/01/2018

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GUIDELINES ON HOW TO FILL THE FORM

Please follow the guidelines to fill up the Technical elements table order.

1. Use the column 'Element Code' to write the code of the element that you can choose from the list that follows.
2. Use the column 'Notes' for some particular situations that need explanations.
3. It is not necessary to know which steps or features are chosen by the skaters, it is just needed the code.
4. You can specify the level of the elements in the 'Note' field but it is not mandatory.

Codes List for Precision Skating

Line Element:	LiEl
Rotating Element:	RoEl
Travelling Element:	TrEl
Bloque Element:	BqEl
Combined Element:	CoEl
No Hold Element:	NHEl
Choreographic Stop:	ChStp

FORMULAR FOR TECHNICAL ELEMENTS CONTENT

Group's NAME	
CATEGORY :	
Federation	

PROGRAM		
MUSIC NAME		COMPOSER

ELEMENTS

1		
2		
3		
4		
5		
6		
7		
8		
9		
10		