

INLINE ARTISTIC

GUIDELINES FOR INTERNATIONAL COMPETITIONS & CHAMPIONSHIPS 01/09/2016 to 31/08/2017

SINGLE FIGURE SKATING **ELITE DIVISION**

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I. CATEGORY / AGE REQUIREMENTS / PROGRAM LENGTH

Category (birth dates)	Free Program
CHICKS (POUSSIN)	Girls and Boys: 2'00" (+/-10")
Has not reached the age of 9 at 01/09/2016	Onis and Boys. 2 00 (17-10)
CUBS (AVENIR)	Girls and Boys: 2'30'' (+/-10'')
Has reached the age of 9, but not reached the age of 11 at 01/09/2016	Onis and Doys. 2 30 (17-10)

	Short program	Free Program
JUNIOR Has reached the age of 12, but not reached the age of 19 at 01/09/2016	Ladies and Men : 2'30'' (+/-10'')	Ladies and Men : 3'30" (+/-10")
SENIOR Has reached the age of 15 at 1/09/2016	Ladies and Men: 2'30 (+/- 10'')	Ladies and Men : 4'00" (+/-10")

NOVICE COMPETITIONS

Two subgroups offering a different technical package are established:

- Basic Novice (Basic Novice A and Basic Novice B)
- Advanced Novice

NOVICE A / MINIMES Has reached the age of 10, but not reached the age of 13 at 1/09/2016	Girls and Boys : 2'30'' (+/-10'')
NOVICE B Has reached the age of 13, but not reached the age of 15 at 1/09/2016	Ladies and Men : 3'00 (+/-10")
ADVANCED NOVICE Has reached the age of 10, but not reached the age of 15 at 1/09/2016	Ladies : 3'00'' (+/-10'') Men : 3'30'' (+/-10'')

ADULT COMPETITIONS

Two subgroups offering a different technical package are established

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ADULT MASTER (1, 2, 3)	
(31 years and $+$, 41 years and $+$, 51 years and $+$) at	
01/09/2016	Ladies and Men: 3'00 (+/- 10'')

The organizer decides on the disciplines and subgroups to be included in the event. The Member/Club entering skater(s)/team(s) will decide on the subgroup their athletes will participate.

II. SHORT PROGRAM FOR CHAMPIONSHIPS,

Junior, Senior and Advanced Novice

I - SHORT PROGRAM FOR CHAMPIONSHIPS,

Junior and Senior

		,
		a) One Axel Paulsen type jump (single/double/triple);
		b) One double/triple jump immediately preceded by connecting steps and/or other
		comparable Free Skating movements;
		c) One Jump combination consisting of a double jump, triple jump or quadruple jump and a
		single or double or triple jump;
		d) One Flying spin (one position only without change of foot) with a minimum of four (4)
		revolutions in basic position;
		e) One spin with only one position:
		• Men: Camel spin or sit spin with only one change of foot, (the position must be
		different than the flying spin landing position), minimum of six (6) revolutions in
		basic position.
		• Ladies: Lay back (or side ways) spin, minimum of four (4) revolutions in the
JUNIORS	Ladies &	required positions.
	men	required positions.
&	Maximum	f) One Spin combination with only one change of foot and the 3 basic positions, with a
	2'30 +/-10"	minimum of six (6) revolutions in total);
SENIORS	2 30 +/-10	g) One Step sequence fully utilizing the floor surface.
SENIORS		g) One step sequence runy utilizing the noor surface.
		The Program Components are only judged in
		• Skating Skills
		• Transitions
		• Performance
		• Composition
		• Interpretation
		The factors for the Program Components is
		- for men 0.5
		- for Ladies 0.5
		Deduction: 1.0 by Fall on the Total Program Score (TPS)
		beaution 1 210 by 1 am on the 10tal 1 logial 50010 (11 5)

Advanced Novice

		a) Single Axel Paulsen or double Axel Paulsen
		b) Double or triple jump immediately preceded by connecting steps, may not repeat jump
		(a)
		c) One jump combination consisting of a double jump with a double jump or a triple jump,
		both jumps may not repeat jump a) or b)
		d) <u>Boys</u> : Camel or sit spin with change of foot (minimum of four (4) revolution in required
	Girls &	position on each foot) and <u>no flying entrance</u> .
ADVANCED	Boys	Girls: Camel or sit spin or Layback or sideways leaning spin; No change of foot and no
NOVICE	Maximum	<u>flying entrance</u> . Minimum 4 revolution in the required position.
HOVICE	2'30"	e) Spin combination with only one change of foot (minimum of four (4) revolution on each
		foot). Flying entry is allowed.
		f) One step sequence fully utilizing the floor surface.
		The Program Components are only judged in
		Skating Skills
		• Transitions
		• Performance
		• Interpretation

The factors for the Program Components is - for men 0.5 - for Ladies 0.5 Deduction: 1.0 by Fall on the Total Program Score (TPS)	
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Prohibited elements:

o Any kind of Somersault − deduction (2.0)

The panel's points for each Program Component are then multiplied by a factor as follows (same for Junior and Senior):

Men	Short Program	0.5
Ladies	Short Program	0.5

In all spins, short program and long program the required number of rotation is in the required position(s).

III. A Free Skating program must contain

The required number of revolution in all spins is in basic position/required position(s)

Categories	Length	Contents
CHICKS	Girls Boys 2'00'' (+/- 10'')	a) Maximum of 4 jump elements for Girls and Boys. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence. b) There must be a maximum of two (2) spins of a different nature (abbreviation), minimum of four (4) revolutions per spin in basic positions, Change of foot allowed, flying entrance is not allowed. c) There must be a maximum: One (1) step sequence, with a fixed Base value and evaluated in GOE only. Jumps and spins forbidden. d) There must be: The Choreographic Sequence must fully utilizing the rink surface for a minimum of 15 seconds lengh. This element must be the choreographic highlight of the program as required below: 1. 1 At least two (2) gliding elements: 1 on each foot and/or each rotational curve (like the pattern of a x s x), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers, or any creative gliding positions, 2. At least one(1) creative jump(s): small hops does not fullfil the requirement; Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end. This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed). The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence les not the last element of the program). It can be performed before or after the Step Sequence. In all elements which are subject to Levels, only features up to Level 1 will be counted. Any addition
CUBS	Girls Boys 2'30'' (+/- 10'')	a) Maximum of 4 jump elements for Girls and Boys. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.

b) There must be a maximum of two (2) spins as required below, change of foot is allowed, flying entrance is not allowed:

- One of which must be a spin combination with all three (3) basic positions.
- And one spin in only one basic position

Change of foot is optional, Flying entry forbidden and there must be 4 revolutions per foot in the required positions.

- c) There must be a maximum:
- One (1) step sequence, with a fixed Base value and evaluated in GOE only.

d) There must be:

The Choreographic Sequence must fully utilizing the rink surface <u>for a minimum of 15</u> seconds lengh. This element must be the choreographic highlight of the program as required below:

- 3. At least **two (2)** gliding elements: 1 on <u>each foot and/or each rotational curve (</u>
 <u>like the pattern of a « s »)</u>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions...,
- 4. At least one(1) creative jump(s): small hops does not fullfil the requirement;

Those two requirements must be <u>included in a strong choreography and</u> should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.

This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.

In all elements which are subject to Levels, only features up to **Level 1** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Performance

The Factor of the Program Components is 1.8 **Deduction : 0,5 by Fall by Technical Panel**

BASIC

NOVICE A

Ladies Men 2'30'' (+/- 10'') a) Maximum of 4 jump elements for Ladies and Men,

One of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.

Triple jumps are not permitted.

- b) There must be a maximum of two (2) spins as required below, change of foot is allowed,:
 - One of which must be a spin combination with all three (3) basic positions.
 - And one spin in only one basic position

Change of foot and flying entry are optional and there must be 4 revolutions per foot in the required positions.

- c) There must be a maximum:
- One (1) step sequence with fully utilizing the surface.

		d) There must be: The Choreographic Sequence must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below: 5. At least two (2) gliding elements: 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers, or any creative gliding positions, 6. At least one(1) creative jump(s): small hops does not fullfil the requirement; Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end. This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed). The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence. In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. The Program Components are only judged in
		 Skating Skills Performance The Factor of the Program Components is 1.8 Deduction: 0,5 by Fall by Technical Panel
P. O. C.	Ladies	 a) Maximum of five (5) jump elements for Ladies and Men, One of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Triple jumps are not permitted. Only two (2) jumps with two or more revolutions can be repeated either in a jump combination or in a jump sequence. b) There must be a maximum of two (2) spins as required below, flying entrance is allowed in all spins: 1. One of which must be a spin combination
BASIC NOVICE B	Men 3'00'' (+/- 10'')	 2. One spin in one basic position only (with no change of position). Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions. c) There must be a maximum: - One (1) step sequence with fully utilizing the surface.
		 d) There must be: The Choreographic Sequence must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below: 7. At least two (2) gliding elements: 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers, or any creative gliding positions,.

		T
		8. At least one(1) creative jump(s): small hops does not fullfil the requirement;
		Those two requirements must be <u>included in a strong choreography and</u> should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible <u>with a beginning and an end</u> .
		This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).
		The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.
		In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
		The Program Components are only judged in • Skating Skills • Performance • Interpretation
		The Factor of the Program Components is - for men 1.6 - for ladies 1.6
		Deduction: 0,5 by Fall by Technical Panel
	Ladies 3'00'' Men 3'30'' (+/- 10'')	a) A Maximum of five (5) jump elements for Girls and six (6) jump elements for Boys, One of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. One jump combinations can contain up to three (3) jumps and the other can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.
		Any jump cannot be executed more than twice in total. Only two (2) jumps with 2 or more revolutions can be repeated. This repetition must be
		in a jump combination or in a jump sequence.
		b) There must be a maximum of two (2) spins as required below:
ADVANCED		 3. One of which must be a spin combination, Flying entrance is not allowed. 4. One Flying spin with only one landing basic position (no change of the landing basic position)
NOVICE		Change of foot is allowed for all spins and there must be 4 revolutions per foot in the required positions.
		c) There must be a maximum : - One (1) step sequence with fully utilizing the surface.
		d) There must be: The Choreographic Sequence must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below:
		9. At least two (2) gliding elements: 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers, or any creative gliding positions,.
		10. At least one(1) creative jump(s): small hops does not fullfil the requirement;

		Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end. This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed). The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence. Levels explanations: For Advanced Novice, in all elements which are subject to Levels, only features up to Level will be counted. Any additional features will not count for Level requirements and will be
		ignored by the Technical Panel. The Program Components are only judged in Skating Skills Transitions Performance Interpretation The factors for the Program Components is for men 1.4 for ladies 1.6 Deduction: 0,5 by Fall by Technical Panel
		a) Maximum of six (6) jump elements for ladies and men, One of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. One jump combinations can contain up to three (3) jumps and the other can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Only 2 jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.
		 b) There must be a maximum of three (3) spins of a different nature (different name): 5. One of which must be a spin combination
JUNIOR	Ladies & Men 3'30'' (+/- 10'')	 6. One Flying spin or spin with a flying entrance. 7. One spin in one basic position only (with no change of position). Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions
		c) There must be a maximum: One (1) step sequence with fully utilizing the surface. d) There must be: The Choreographic Sequence must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below:
		 11. At least two (2) gliding elements: 1 on each foot and/or each rotational curve (like the pattern of a « s »), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers, or any creative gliding positions,. 12. At least one(1) creative jump(s): small hops does not fullfil the requirement;

		Those two requirements must be <u>included in a strong choreography and</u> should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible <u>with a beginning and an end</u> .
		This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).
		The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.
		The Program Components are on judged in • Skating Skills • Transitions • Performance • Composition • Interpretation The factors for the Program Components is - for men 1.4 - for ladies 1.2 Deduction: 1.0 by Fall by Technical Panel
		a) Maximum of 7 jump elements for ladies and Men, one of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. Only one (1) Jump combination can contain up to three (3) jumps and the others Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. A same jump with a different number of rotation will count as an other jump.
		Only 2 jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.
		b) There must be a maximum of three (3) spins of a different nature (different name):
		8. One of which must be a spin combination
		9. One Flying spin or spin with a flying entrance.
	Ladies	10. One spin in one basic position only (with no change of position).
SENIOR	and Men	Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.
	4'00'' (+/- 10''	c) There must be a maximum: One (1) step sequence with fully utilizing the surface.
		d) There must be: The Choreographic Sequence must fully utilizing the rink surface for a minimum of 20 seconds length (seniors). This element must be the choreographic highlight of the program as required below:
		13. At least two (2) gliding elements: 1 on <u>each foot and/or each rotational curve (</u> <u>like the pattern of a « s »)</u> , like but not limited to, spirals, arabesques, spread eagles, Ina Bauers, <u>or any creative gliding positions</u> ,.
		14. At least one(1) creative jump(s): small hops does not fullfil the requirement;
		Those two requirements must be <u>included in a strong choreography and should</u> be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible <u>with a beginning and an end</u> .

This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed). The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence. The Program Components are only judged in · Skating Skills Transitions Performance Composition Interpretation The factors for the Program Components is - for men 1.4 - for ladies 1.2 **Deduction: 1.0 by Fall by Technical Panel** There must be a maximum of **5 jump elements**, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Only one (1) Jump combination can contain three (3) jumps and the other Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only 2 jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence. b) There must be a maximum of two (2) spins, change of foot and flying entrance are allowed: One of which must be a spin combination with all three (3) basic positions. The spin combination can be executed with a change of foot then a minimum of six (6) revolutions is required in total; or without a change of foot then a minimum of four (4) revolutions is required in total. c) Maximum of 1 step sequence fully utilizing the surface; The Choreographic Sequence must fully utilizing the rink surface for 15 seconds length. This element must be the choreographic highlight of the program as required below: Ladies 1. At least two (2) gliding elements: 1 on each foot and/or each rotational curve (**ADULTS** Men like the pattern of a « s »), like but not limited to, spirals, arabesques, spread MASTER 3'00 eagles, Ina Bauers..., or any creative gliding positions...,. (+/-10")15. At least one(1) creative jump(s): small hops does not fullfil the requirement; Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end. This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed). The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence. The Program Components are only judged in Skating Skills Transitions • Performance Composition

• Interpretation
The factors for the Program Components is 1.4
Deduction: 1.0 by Fall

Prohibited elements:

 \circ Any kind of Somersault – deduction (1.0)

IV. LEVELS OF DIFFICULTY, SINGLE SKATING

Number of features for Levels: 1 for Level 1, 2 for Level 2, 3 for Level 3, 4 for Level 4

Step Sequences

- 1) Minimum variety (Level 1), simple variety (Level 2), variety (Level 3), complexity (Level 4) of difficult turns and steps throughout (compulsory)
- 2) Rotations in either direction (left and right) with full body rotation covering at least 1/3 of the pattern in total for each rotational direction
- 3) Use of body movements for at least 1/3 of the pattern
- 4) Two different combinations of 3 difficult turns (rockers, counters, brackets, twizzles, loops) executed with a clear rhythm within the sequence (for level 4 the two combinations must be on different feet).

6 Difficult Turns and step: twizzle, brackets, loops, counters, rockers and choctaws.

6 Easy Steps: three turn, toe steps, chasses, Mohawks, change of edge, cross rolls.

- Minimum variety: must include 5 Difficult turns and steps, none of the types can be counted more than twice.
- Simple variety: must include 7 Difficult turns and steps, none of the types can be counted more than twice.
- Variety: must include 9 difficult turns and steps, none of the types can be counted more than twice.
- Complexity: must include 11 difficult turns and steps, none of the types can be counted more than twice. 5 types of turns and steps must be executed in both directions.

All Spins

- 1) Difficult variations (count as many times as performed with limitations specified below)
- 2) Change of foot executed by jump
- 3) Jump within a spin without changing feet
- 4) Difficult change of position on the same foot
- 5) Difficult entrance into a spin (any kind of traveling entrance can be executed only once per program with more than 2 full rotations prior the spin)
- 6) Heel spin or Clear change of edge in all basic positions
- 7) All 3 basic positions on the second foot
- 8) Both directions immediately following each other in sit or camel spin
- 9) Clear increase of speed in the same basic positions, except non difficult upright
- 10) At least 5 rev. without changes in the same position/variation, in all positions except non difficult upright.
- 11) Flying entry in flying spins/spins with a flying entrance

Additional features for the Layback spin:

- 12) One clear change of position backwards-sideways or reverse, at least 1 rev. in each position (counts also if the Layback spin is a part of any other spin)
- 13) Biellmann position after Layback spin, after 4 revolutions in layback spin in short program and 2 rev. in free program.

Features 2-9, 11-13 count only once per program (first time they are attempted). Feature 10 counts only once per program (in the first spin it is successfully performed; if in this spin 5 revs are executed on both feet, any one of these executions can be taken in favor of the skater).

Any category of difficult spin variation in a basic position counts only once per program (first time it is attempted). A difficult variation in a non-basic position counts once per program in spin combination only (first time it is attempted).

In any spin with change of foot the maximum number of features attained on one foot is two (2).

V. CLARIFICATIONS Single Inline Figure Skating

A competitor can compete in only one single category per event.

A competitor can downgrade from a category any time if the age requirement is respected, with those exceptions:

Being on an international championship podium in the previous category, during the year or the year before.

CHOREOGRAPHIC SEQUENCE

Minimum length of 20 seconds for seniors, 15 seconds for the other categories

A minimum of two(2) Gliding positions

- Any position is permitted like spirals, spread eagles, Ina Bauer If those positions are clear and on deep edges it is deserves credit from the judges.
- One on each foot and/or one on each directional curve (clockwise and anti-clockwise)

A minimum of one(1) creative jump (not just a hop)

- Any kind of creative jumps.
- Listed Jumps up to 1,5 rotations will not be called during the Choreo Sequence as long as they are part of the ChSq requirement
- Listed jumps of at least 2 rotations and listed spins will be called and will be the end of the choreo Sequence.

A strong choreography, matches with the music and theme, must include those elements.

The base score of the Choreo Sequence and the GOE are between 0,9 and 6,0 points!

SPINS

Sign V is applied for:

- 1) Flying spins (only 1 position and no change of foot) of both Short Program and Free Skating, all categories, if at least one of the following requirements is not fulfilled:
 - a) a clear visible jump;
 - b) basic landing position reached within the first 2 revs;
 - c) basic landing position Not held for at least one (1) revs when riched.
- 2) Spin combination when there is only 2 different basic positions instead of the Three basic positions required Exemple:
- Camel + upright = 2 basic Positions of one full rotation each, In that case if the upright is in final there must be at least a simple variation of upright to count the position for a combination spin,
- Camel+Sit+ Upright =3 basic Positions. In that case no variation of the upright in final is required.

Abreviation examples: CoSp2V (combo spin level 2 with only 2 basic positions), CCoSpB (change combo spin 3 positions base level).

VI. Scale of Values 2016-2017

	+3	+2	+1	BASE	V	V1	-1	-2	-3
	Chore	ographique	Sequences	(for Seniors	and Adult N	Aaster)			
ChSq1	3,0	2,0	1,0	3,0			-0,7	-1,4	-2,1
	+3	+2	+1	BASE	V	V1	-1	-2	-3
	Ch	oreographiq	ue Sequen	ces (for all a	ther categor	ies)			
ChSq1	1.5	1.0	0.5	2.0			-0.7	-1.4	-1.7
		Chore ChSq1 3,0 +3 Ch	Choreographique ChSq1 3,0 2,0 +3 +2 Choreographique Choreographi	Choreographique Sequences ChSq1 3,0 2,0 1,0 +3 +2 +1 Choreographique Sequen	Choreographique Sequences (for Seniors ChSq1 3,0 2,0 1,0 3,0 +3 +2 +1 BASE Choreographique Sequences (for all are	Choreographique Sequences (for Seniors and Adult M ChSq1	Choreographique Sequences (for Seniors and Adult Master) ChSq1	Choreographique Sequences (for Seniors and Adult Master) ChSq1	Choreographique Sequences (for Seniors and Adult Master) ChSq1

		+3	+2	+1	BASE	V	V1	-1	-2	-3
			JUM	PS FOR 3	d and 4th DI	VISION onl	y			
	_				•			_		
Waltz Jump	1AV1	0,2	0,1	0,1	0,2				0,1	
half Toeloop	1TV1				0,3					
half Salshow	1SV1				0,3			1		
half Loop	1LoV1	0,4	0,3	0,2	0,4			-0,1	-0,2	-0,2
half Flip	1FV1				0,4		0,3	1		
half Lutz	1LzV1				0,5		0,4			

		+3	+2	+1	BASE	V	V1	-1	-2	-3
	ı	ı		SINGLE A	ND PAIR SE	KATING	•	•		
					Jumps					
Single Toeloop	1T				0,4	0,3				
Single Salshow	1S				0,4	0,3				
Single Loop	1Lo	0,6	0,4	0,2	0,5	0,4		-0,1	-0,2	-0,3
Single Flip	1F				0,5	0,4	0,3			
Single Lutz	1Lz				0,6	0,5	0,4			
Single Axel	1A				1,1	0,8				
DoubleToeloop	2T	0,6	0,4	0,2	1,3	0,9		-0,2	-0,4	-0,6
Double Salshow	2S					0,9				
Double Loop	2Lo				1,8	1,3				
Double Flip	2F	0,6	0,6	0,3	1,9	1,4	1,3	-0,3	-0,6	-0,9
Double Lutz	2Lz				2,1	1,5	1,4			
Double Axel	2A	1,5	1,0	0,5	3,3	2,3		-0,5	-1,0	-1,5
Triple Toeloop	3T				4,3	3,0				
Triple Salshow	3S				4,4	3,1				
Triple Loop	3Lo	2,1	1,4	0,7	5,1	3,6		-0,7	-1,4	-2,1
Triple Flip	3F				5,3	3,7	3,2			
Triple Lutz	3Lz				6,0	4,2	3,6			
Triple Axel	3A	3,0	2,0	1,0	8,5	5,9		-1,0	-2,0	-3,0

		+3	+2	+1	BASE	V	V1	-1	-2	-3
		One po	sition Spir	ns attempt	, Combo spi	n 2 positions	attempt			
			F	or 3d and	4th division	only				
	Level	Base ma	andatory (the poor b	asic position	cannot brii	ng any featu	res)		
Upright 2 feet level	USpBV1				0,5					
В										
(C)Sit level B	(C)SSpBV1	0,4	0,3	0,2	0,7			-0,2	-0,3	-0,4
(C)Camel level B	(C)CSpBV1				0,7					
Layback level B	LSpBV1				0,7					
(C)CoSp 2	(C)CoSpBV1				0,7					
positions level B	-				,					

		+3	+2	+1	BASE	V	V1	-1	-2	-3
	•	•		Spins (se	olo spins for	pairs)	•			
	Sp	in in one	position a	nd no cha	nge of foot (u	ıpright, layb	ack, camel o	r sit)		
Upright level B	USpB				1,0					
Upright level 1	USp1				1,2					
Upright level 2	USp2	1,5	1,0	0,5	1,5			-0,3	-0,6	-0,9
Upright level 3	USp3				1,9					
Upright level 4	USp4				2,4					
Layback level B	LSpB				1,2					
Layback level 1	LSp1				1,5					
Layback level 2	LSp2	1,5	1,0	0,5	1,9			-0,3	-0,6	-0,9
Layback level 3	LSp3				2,4					

Layback le	evel 4	LSp4				2,7					
						1				ı	
Camel lev		CSpB				1,1					
Camel lev		CSp1	1.5	1.0	0.5	1,4			0.2	0.6	0.0
Camel lev		CSp2	1,5	1,0	0,5	1,8			-0,3	-0,6	-0,9
Camel lev		CSp3				2,3					
Camel lev	vel 4	CSp4				2,6		***			
			+3	+2	+1	BASE	V	V1	-1	-2	-3
Cit laval	1 D	CCD			l	1.1		I	I	I	
Sit level		SSpB SSp1				1,1					
Sit level		SSp1 SSp2	1,5	1,0	0,5	1,4 1,6			-0,3	-0,6	-0,9
Sit level		SSp2 SSp3	1,5	1,0	0,5	2,1			-0,5	-0,0	-0,5
Sit level		SSp3				2,5					
Sitiever	1 7	зэрт				2,0		<u> </u>			
		Snin wit	h a chan	ge of foot :	and no cha	nge of positi	on (unright	lavback can	nel or sit)		
Upright lev	vel R	CUSpB		ge of foot a	ina no cha	1,5	1,1	lay back, can	ici or sit)		<u> </u>
Upright le		CUSp1				1,7	1,2				
Upright le		CUSp2	1,5	1,0	0,5	2,0	1,4		-0,3	-0,6	-0,9
Upright le		CUSp3				2,4	1,7				
Upright le		CUSp4				2,9	2,0				
-18					ı		,				l
Layback le	evel B	CLSpB				1,7	1,2				
Layback le		CLSp1	1			2,0	1,4]
Layback le		CLSp2	1,5	1,0	0,5	2,4	1,7		-0,3	-0,6	-0,9
Layback le		CLSp3] !			2,9	2,0]
Layback le	evel 4	CLSp4				3,2	2,2				
Camel lev		CCSpB		-	·	1,7	1,2				
Camel lev		CCSp1				2,0	1,4				
Camel lev	vel 2	CCSp2	1,5	1,0	0,5	2,3	1,6		-0,3	-0,6	-0,9
Camel lev	vel 3	CCSp3				2,8	2,0				
Camel lev	vel 4	CCSp4				3,2	2,2				
T											
Sit level		CSSpB				1,6	1,1				
Sit level		CSSp1				1,9	1,3				
Sit level		CSSp2	1,5	1,0	0,5	2,3	1,6		-0,3	-0,6	-0,9
Sit level		CSSp3				2,6	1,8				
Sit level	14	CSSp4				3,0	2,1			_	
			+3	+2	+1	BASE	V	V1	-1	-2	-3
					•			l.	-1	-2	-3
Unright lev	vel R	FUSpR			•	n upright, la	yback, came	l.	-1	-2	-3
Upright lev		FUSpB			•	n upright, la	yback, came	l.	-1	-2	-3
Upright le	vel 1	FUSp1	Fly	ing Spin (any positio	on upright, la 1,5 1,7	yback, came 1,1 1,2	l.			
Upright le	evel 1 evel 2	FUSp1 FUSp2			•	on upright, la 1,5 1,7 2,0	yback, came 1,1 1,2 1,4	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le	evel 1 evel 2 evel 3	FUSp1 FUSp2 FUSp3	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4	yback, came 1,1 1,2 1,4 1,7	l.			
Upright le	evel 1 evel 2 evel 3	FUSp1 FUSp2	Fly	ing Spin (any positio	on upright, la 1,5 1,7 2,0	yback, came 1,1 1,2 1,4	l.			
Upright le Upright le Upright le Upright le	evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9	1,1 1,2 1,4 1,7 2,0	l.			
Upright le Upright le Upright le Upright le Upright le	evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9	yback, came 1,1 1,2 1,4 1,7 2,0	l.			
Upright le Upright le Upright le Upright le Upright le Layback le Layback le	evel 1 evel 2 evel 3 evel 4 evel B evel 1	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9	1,1 1,2 1,4 1,7 2,0	l.			
Upright le Upright le Upright le Upright le Upright le	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9 1,7 2,0	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 2 evel 3	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 2 evel 3	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB	Fly	ing Spin (any positio	n upright, la 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4	1,5	1,0	0,5	n upright, la 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2	Fly	ing Spin (any positio	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp1 FCSp2 FCSp3	1,5	1,0	0,5	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2	1,5	1,0	0,5	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp1 FCSp2 FCSp3 FCSp4	1,5	1,0	0,5	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSp8	1,5	1,0	0,5	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSp8 FSSp8	1,5	1,0 1,0	0,5 0,5	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4	l.	-0,3 -0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp1 FSSp2	1,5	1,0	0,5	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6	l.	-0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp8 FSSp1 FSSp2 FSSp3	1,5	1,0 1,0	0,5 0,5	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 1,7 2,0 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6 1,8	l.	-0,3 -0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp1 FSSp2	1,5 1,5 1,5	1,0 1,0 1,0	0,5 0,5 0,5	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 1,7 2,0 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6 1,8 2,1	el or sit)	-0,3 -0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp8 FSSp1 FSSp2 FSSp3	1,5	1,0 1,0	0,5 0,5	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 1,7 2,0 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6 1,8	l.	-0,3 -0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSp8 FSSp1 FSSp4 FSSp4 FSSp4	1,5 1,5 1,5	1,0 1,0 1,0 1,0 +2	0,5 0,5 0,5 +1	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 1,7 2,0 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6 1,8 2,1 V	el or sit)	-0,3 -0,3 -0,3	-0,6	-0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 5 evel 6 evel 7 evel 8 evel 9 ev	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSp8 FSSp1 FSSp4 FSSp4 Spin	1,5 1,5 1,5	1,0 1,0 1,0 1,0 +2	0,5 0,5 0,5 +1	1,5 1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 1,7 2,0 2,8 3,2	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6 1,8 2,1 V	el or sit)	-0,3 -0,3 -0,3	-0,6	-0,9
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Upright le Layback le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 5 evel 6 evel 1 evel 6 evel 7 evel 9 evel 1 evel 9 evel 9 evel 1 evel 9 ev	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSp4 FSSp4 FSSp4 FSSp4 FSSp8 FSSp1 FSSp4 FSSp8 FSSp1 FSSp2 FSSp3 FSSp4	1,5 1,5 1,5 1,5 Combina	1,0 1,0 1,0 1,0 +2 ation with	0,5 0,5 0,5 +1 change of	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 1,7 2,0 2,3 2,8 3,2 1,7 2,0 2,3 2,6 3,0 BASE	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,1 1,8 2,1 V no change of 1,0 1,1	el or sit)	-0,3 -0,3 -0,3 -1 ositions)	-0,6 -0,6 -0,6	-0,9 -0,9 -0,9 -0,9
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Upright le Layback le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level Sit level Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 5 evel 6 evel 1 evel 6 evel 7 evel 7 evel 7 evel 8 evel 1 evel 9 evel 1 evel 2 evel 3 evel 4 evel 6 evel 6 evel 7 evel 7 evel 7 evel 7 evel 8 evel 9 ev	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSp4 FSSp4 FSSp4 FSSp8 FSSp1 FSSp4 FSSp2 FSSp3 FSSp4 Sp2pB Sp2pB Sp2p1 Sp2p2 Sp2p3	1,5 1,5 1,5 1,5 Combina	1,0 1,0 1,0 1,0 +2 ation with	0,5 0,5 0,5 +1 change of	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 2,8 3,2 1,7 2,0 2,3 2,8 3,2 1,7 2,0 1,7 2,0 1,7 2,0 1,8 1,9 1,9 1,1 1,1 1,3 1,5 1,8	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,4 1,6 1,8 2,1 V no change of 1,0 1,1 1,3 1,5	el or sit)	-0,3 -0,3 -0,3 -1 ositions)	-0,6 -0,6 -0,6	-0,9 -0,9 -0,9 -0,9
Upright le Layback le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level Sit level Sit level Sit level	evel 1 evel 2 evel 3 evel 4 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 5 evel 6 evel 1 evel 6 evel 7 evel 7 evel 7 evel 8 evel 1 evel 9 evel 1 evel 2 evel 3 evel 4 evel 6 evel 6 evel 7 evel 7 evel 7 evel 7 evel 8 evel 9 ev	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp2 FSSp3 FSSp4 Spin Sp2pB Sp2pB Sp2p1 Sp2p2 Sp2p3 Sp2p4	1,5 1,5 1,5 1,5 1,5	1,0 1,0 1,0 1,0 1,0 1,0 1,0	0,5 0,5 0,5 +1 change of 0,5	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 2,8 3,2 1,7 2,0 2,3 2,8 3,2 1,7 2,0 2,3 1,7 2,0 2,3 2,8 3,2 1,7 2,0 2,3 2,6 3,0 BASE position and 1,1 1,3 1,5 1,8 2,1	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,4 1,6 1,8 2,1 V no change of 1,0 1,1 1,3 1,5 1,5	V1 f foot (two po	-0,3 -0,3 -0,3 -1 -0,3	-0,6 -0,6 -0,6	-0,9 -0,9 -0,9 -0,9
Upright le Upright le Upright le Upright le Upright le Upright le Layback le Layback le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 5 evel 6 evel 7 evel 7 evel 7 evel 7 evel 8 evel 9 evel 1 evel 9 evel 9 evel 1 evel 9 ev	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp2 FSSp3 FSSp4 Spin Sp2pB Sp2pB Sp2p1 Sp2p3 Sp2p4 Spin C	1,5 1,5 1,5 1,5 1,5	1,0 1,0 1,0 1,0 1,0 1,0 1,0	0,5 0,5 0,5 +1 change of 0,5	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 2,8 3,2 1,7 2,0 2,3 2,8 3,2 1,7 2,0 1,7 2,0 1,9 2,3 2,8 3,2 1,7 2,0 2,3 2,6 3,0 BASE position and months and months are selected as a sel	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,4 1,6 2,0 2,2 1,4 1,6 1,8 2,1 V no change of 1,0 1,1 1,3 1,5 1,7 o change of	V1 f foot (two po	-0,3 -0,3 -0,3 -1 -0,3	-0,6 -0,6 -0,6	-0,9 -0,9 -0,9 -0,9
Upright le Layback le Layback le Layback le Layback le Layback le Layback le Camel lev Camel lev Camel lev Camel lev Sit level	evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel B evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 3 evel 4 evel 1 evel 2 evel 3 evel 4 evel 3 evel 4 evel 6 evel 7 evel 7 evel 7 evel 7 evel 7 evel 8 evel 9 evel 1 evel 9 evel 9 evel 1 evel 9 ev	FUSp1 FUSp2 FUSp3 FUSp4 FLSpB FLSp1 FLSp2 FLSp3 FLSp4 FCSpB FCSp1 FCSp2 FCSp3 FCSp4 FSSpB FSSp1 FSSp2 FSSp3 FSSp4 Spin Sp2pB Sp2p1 Sp2p3 Sp2p4 Spin C Sp3pB	1,5 1,5 1,5 1,5 1,5	1,0 1,0 1,0 1,0 1,0 1,0 1,0	0,5 0,5 0,5 +1 change of 0,5	1,5 1,7 2,0 2,4 2,9 1,7 2,0 2,4 2,9 3,2 1,6 1,9 2,3 2,8 3,2 2,8 3,2 1,7 2,0 2,3 2,8 3,2 1,7 2,0 2,3 1,7 2,0 2,3 2,6 1,7 2,0 2,3 2,6 3,0 BASE position and 1,1 1,3 1,5 1,8 2,1 osition and n 1,5	yback, came 1,1 1,2 1,4 1,7 2,0 1,2 1,4 1,7 2,0 2,2 1,1 1,3 1,6 2,0 2,2 1,2 1,4 1,6 1,8 2,1 V no change of 1,0 1,1 1,3 1,5 1,7 to change of 1,1	V1 f foot (two po	-0,3 -0,3 -0,3 -1 -0,3	-0,6 -0,6 -0,6	-0,9 -0,9 -0,9 -0,9
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level 3	(F)CoSp3p3				2,5	1,8				
level 4	(F)CoSp3p4				3,0	2,1				
	Spi	in Combinat	tion with ch	ange of posi	ition and ch	ange of foot	(two positi	ons)		
level B	(F)CCoSp2pB				1,5	1,1				
level 1	(F)CCoSp2p1				1,7	1,2				
level 2	(F)CCoSp2p2	1,5	1,0	0,5	2,0	1,4		-0,3	-0,6	-0,9
level 3	(F)CCoSp2p3				2,5	1,8				
level 4	(F)CCoSp2p4				3,0	2,1				
	Spir	n Combinati	ion with cha	inge of posit	tion and cha	nge of foot (three posit	ions)		
level B	(F)CCoSp3pB				1,7	1,2				
level 1	(F)CCoSp3p1				2,0	1,4				
level 2	(F)CCoSp3p2	1,5	1,0	0,5	2,5	1,8		-0,3	-0,6	-0,9
level 3	(F)CCoSp3p3				3,0	2,1				
level 4	(F)CCoSp3p4				3,5	2,5				
		+3	+2	+1	BASE	V	V1	-1	-2	-3

				Step Sec	luences				
level B	StSqB				1,7		-0,3	-0,6	-0,9
level 1	StSq1				2,0				
level 2	StSq2	1,5	1,0	0,5	2,5		-0,5	-1,0	-1,5
level 3	StSq3				3,0		-0,7	-1,4	-2,1
level 4	StSq4				3,5		-0,7	-1,4	-2,1

VII. GENERAL TECHNICAL RULES

DEDUCTIONS – Who is responsible?

VIOLATIONS:	POINTS	Who responsible ?
Program time	- 1.0 for every 15 seconds lacking or in excess	Referee
Illegal element/movement	-2.0 per violation (-1 up to Novice)	TP
Costume violation	-1 per program	Majority of the judges
Costume drops and props	-1 per violation	Referee
Fall	 Single Skating: -1.0 for every Fall (0,5 up to Novice) 	TP
Late start		Referee
	20 seconds from the call to start to get into starting	
	position	
	<u></u>	
	-1.0 point for start between 1 and 20 seconds late (0,5 up to	
	Novice)	
	Passed 40 seconds late from the call to start without	
	explaination to the referee, the skater is considered as withdrawn.	
	-3.0 points for the allowance to skate at the end of the group	
Interruption in performing	(from the Referee); -1,5 points up to Novices For every Interruption Junior and Senior of:	Referee
		Referee
the program	 more than 10 seconds up to 20 seconds: - 1.0 more than 20 seconds up to 30 seconds: - 2.0 	
	• more than 30 seconds up to 40 seconds: - 3.0	
	- More than 50 seconds up to 40 seconds 5.0	
	For every Interruption up to Novice categories of:	
	• more than 10 seconds up to 20 seconds: - 0,5	
	• more than 20 seconds up to 30 seconds: - 1.0	
	• more than 30 seconds up to 40 seconds: - 1.5	
Interruption of the program	- 4.0 per program Junior/Senior	Referee
with Referee's allowance of	- 2.0 per program up to Novice	
up to three (3) minutes to		
resume from the point of		
interruption or of a total		
restart at the end of the		
group.		

Program Content Sheet

Each Skater, shall present a Program Content Sheet (an official form indicating the planned elements for each Part of the competition).

Call to the start

Prior to each performance, the names of those about to compete must be clearly called on the rink.

Each Skater/Pair/Couple must take the starting position of each Part of the competition (Short Program, Free Skating) at the latest twenty (20) seconds after she/he/they are called to the start. If this time has expired and the skater/s has/have not yet taken the starting position, the Referee shall apply a deduction (deducted from the final score). Passed 41 seconds from the call to start without explanation to the referee and the skater/s has/have not yet taken the starting position, he/they will be considered as withdrawn.

Procedure: The skater has 40 seconds to go to the Referee and explain the problem. If not, the Referee shall wissle and the speaker announce the Referee decision. A 2 minutes break is given before the next skater is called. In the case of correct explaination before the 41 seconds, the referee might allow the skater to skate at the end of the group. 2

minutes break must be given before the call of the next skater, a general announcement must be done. The Referee shall apply a deduction.

VIII. JUDGING SYSTEM

Usage of the International Judging System

The international judging system will be used at:

All international Championships

World Open

All international competitions whenether it is possible (the light system, called paper system, may be used as well)

The international judging system is based on cumulative points, which are awarded for a technical score and five additional program components - skating skills, transitions, performance, composition and interpretation.

If a skater performs more than the defined "well-balanced program" elements, there are no deductions, but the values of additional elements will not be calculated into the skater's score. If a skater performs less than the required elements, they receive fewer points, not deductions.

Officials

There are two panels of officials - the technical panel and the judging panel.

The technical panel is generally made up of four to five persons: technical specialist, assistant technical specialist, technical controller, data operator and video replay operator. This panel works in direct communication with each other as each skater performs a program. In real time as the skater performs, the technical specialist identifies the elements the skater performs with the appropriate level of difficulty, based on published pre-set criteria. The work of the technical specialist allows the judge to concentrate on marking the quality of each element.. When an element is identified by the technical specialist it is also referred to as the "call".

The assistant technical specialist and the technical controller support the technical specialist to ensure that any potential mistakes are corrected immediately. The technical controller is the leader of the technical panel. Any element can be reviewed by the technical controller, the technical specialist or the assistant technical specialist. When the 2 specialists are not agree, the controller opinion makes the final decision. The elements are available for review after a skater's performance and calls can be changed accordingly. Calls and scores are final once they are posted, any protests for calculation errors resolved, and results are announced to the public.

The 2 Specialists and the Controller should be, from 3 different countries.

The video replay operator does exactly what it seems! If a video system is being utilized at a competition, this person tags each element on the video while a program is being performed. This allows the technical panel to go right to the beginning of an element during review without having to fast forward or rewind, speeding up the process significantly. The video is available to the technical panel for their review of any element to ensure that the correct assessment of the element was made. If there is video replay available to the judges, this videotape can be viewed by the judges for their analysis of the quality and/or errors made on any given element.

The data operator enters all the coding for the elements onto either paper or the computer as they are performed and the levels of difficulty are assigned.

The judging panel is made up of a referee and multiple judges. There can be as few as three or as many as seven judges on a panel. As much as possible all continents must be represented.

The judges focus totally on scoring the quality of each element and the program components. Their marks are based on specific criteria for each element and provide a comprehensive assessment of each skater's skills and performance. A computer is used to keep track of the elements and scores, record results and calculate totals to determine the order of finish.

The referee is the leader of the judging panel and is in charge the event. In this role, the referee is responsible for making sure rules are followed, taking the time of the program as skated, and deciding on any protests with respect to the event. The referee is also responsible for taking certain deductions.

Technical Score

In the Technical Score, each element of a skater's program is assigned a base value. These element base values give the skaters credit for every element they perform. A group of experts, including experienced skaters and coaches, has determined the element base value of each technical element. These base values are published as part of the scale of values (SoV).

Some elements such as spins and step sequences have been assigned a level of difficulty. These elements are assigned their base value depending on their level of difficulty as determined by the technical panel. After results are posted, skaters receive a scoring detail for their performance (typically called a 'protocol') that shows the elements and levels called by the technical panel and the marks given by the judges. This can be made on a paper or through internet.

During the program, judges evaluate the quality of the elements and give a grade of execution (GOE) to each within a range of +3 to -3. These GOEs are not necessarily worth 1, 2 or 3 points, but rather they are a quality "grade" that impacts the value of elements through the scale of values. To determine the point value of an element, the point value for the GOE is taken from the scale of values and added to the base value for the element.

Let's look at some examples:

The technical specialist identifies a jump as a double Axel. The judge grades the quality of the jump and assigns a GOE of +1. The base value for a double Axel is 3.3 points, and a GOE of +1 for a double Axel has a value of 0.5 points, so the point value for the element is 3.8 points.

The technical specialist identifies a jump as a double Lutz. The judge grades the quality of the jump and assigns a GOE of -1. The base value for a double Lutz is 2.1 points, and a GOE of -1 for a double Lutz has a value of -0.3 points, so the point value for the element is 1.8 points.

The technical specialist identifies a spin as a level 2 combination spin with a change of foot and two positions. The judge then grades the quality of the spin and assigns a GOE of +3. The base value for a level 2 combination spin with a change of foot two positions 1.5 points, and a GOE of +3 for a combination spin with a change of foot two positions has a value of 1.5 points, so the point value for the element is 3.0 points.

The sum of the point values for all the performed elements together (base value + GOE) is the Total Element Score (TES), or the Technical Score.

Program Components

In addition to the Technical Score, the judges award program component marks on a scale from 0.25 to 10 with increments of 0.25 to express the overall presentation and technical mastery of figure skating. The Program Component Score (PCS) is calculated and factored by specified percentages.

In ladies, men's, pairs, the following five components are scored in the short program and the free skate.

Definition: Overall skating quality: edge control and flow over the floor surface demonstrated by a command of the skating vocabulary (edges, steps, turns, etc.), the clarity of technique and use of effortless power to accelerate and vary speed.

Criteria:

Balance, rhythmic knee action and precision of foot placement

Flow and effortless glide

Cleanness and sureness of deep edges, steps, turns

Power/energy and acceleration

Mastery of multi-directional skating

Mastery of one-foot skating

Equal mastery of technique by both partners shown in unison (pairs and dance)

Transitions/Linking Footwork & Movement

Definition: The varied and/or intricate footwork, positions, movements and holds that link all elements. In singles, pairs, this also includes the entrances and exits of technical elements.

Criteria:

Variety

Difficulty

Intricacy

Quality (including unison in pairs, dance and synchronized skating)

Balance of workload between partners (pairs and dance)

Variety of holds (not excessive side by side and hand in hand in dance)

Variation of speed and linking steps (synchronized)

Variation of changes of direction and hold (synchronized)

Performance

Definition: Performance is the involvement of the skater/couple/teams physically, emotionally and intellectually as they translate the intent of the music and choreography. Execution is the quality of movement and precision in delivery. This includes harmony of movement in pairs, dance.

Criteria:

Physical, emotional and intellectual involvement

Carriage

Style and individuality/personality

Clarity of movement

Variety and contrast

Projection

Unison and "oneness" (pairs, dance)

Balance in performance (pairs, dance)

Spatial awareness between partners - management of the distance between partners and management of changes of hold (pairs, dance)

Composition

Definition: An intentional, developed and/or original arrangement of all types of movements according to the principles of proportion, unity, space, pattern, structure and phrasing.

Criteria:

Purpose (idea, concept, vision) Proportion (equal weight of parts) Unity (purposeful threading) Utilization of personal and public space

Pattern and floor coverage

Phrasing and form (movements and parts structured to match the phrasing of the music)

Originality of purpose, movement and design

Shared responsibility in achieving purpose (pairs, dance)

Interpretation

Definition: The personal and creative translation of the music to movement.

Criteria:

Effortless movement in time to the music

Expression of the music's style, character, rhythm

Use of finesse* to reflect the nuances of the music

Relationship between the partners reflecting the character of the music (pairs, dance)

Appropriateness of music in dance, short dance and free dance

*Finesse is the skater's/team's refined, artful manipulation of nuances. Nuances are the personal artistic ways of bringing variations to the intensity, tempo and dynamics of the music made by the composer and/or musicians.

Dance exception, pattern dance:

In dance, the pattern dance(s) are scored on only four program components: skating skills, performance/execution, interpretation (see above), as well as a unique component: timing.

Timing

Definition: The ability of the couple to skate strictly in time with the music and to reflect the rhythm patterns and prescribed beat values of the pattern dance.

Criteria:

Skating in time to the music

Skating on the strong beat

Skating the prescribed beat values for each step

Introductory steps (dance starting on the correct measure of the music)

Totaling the Competition Score

Technical Score (TES) + Program Components Score (PCS) = Segment Score

Ladies, Men, Pairs

Short Program Segment Score + Free Skate Segment Score = Competition Score

Totaling the competition score

The Total Element Score is added together to the Program Components Score, which are factored differently for the different disciplines (see below). Deductions are taken for rule violations. The result is the segment score.

The sum of all segment scores (for example, short program plus free skate), is the Total Competition Score (TCS). In most events segment scores are not weighted; they are simply added together to obtain the competition score.. The skater with the highest competition score is declared the winner.

Factoring the Program Components Ladies, Men, Pairs, Dance and Synchronized

In the events, the program components used are factored equally, then added together. In pattern dance, four program components are used, while five are used in the short dance, free dance, and all segments for ladies, men, pairs and synchronized. The factored sum of the program component marks is called the Program Components Score. The idea behind factoring is to make the Program Components Score level with the Technical Score, hence granting equal importance to each. Since the perfect Program Components Score is always 50, this number is factored to roughly equal what each discipline is capable of scoring in the Technical Score. For example, in the ladies short program, women today are capable of scoring around 25 in the Technical Score. So the program components are factored by 0.5, lowering the 50 down to a 25, leveling the importance of the Technical Score and the Program Components Score. In the men's free skate, men today are capable of scoring around 60 in the Technical Score. So the program components are factored by 1.4, raising the 50 up to 60, and again leveling the Technical Score and the

Program Component Score.

The following chart illustrates how each discipline factors program components for the juniors and seniors of the Silver and Elite divisions:

Discipline	Short Program	Free Skate
Ladies	0.5	1.2
Men	0.5	1.4

Conclusion

The international judging system allows for all the elements performed to have a score and a numerical value that is published. The particular value is impacted by the judges' evaluation of the quality of the element as performed. At the end, the entire performance is assessed through the five program components. The skater, at the end of the competition, is given a piece of paper (or published through internet) which tells the skater exactly what the evaluation was on each aspect of the program - the technical elements and the program components.

Reference « WIFSA Rules 2017 »